

Singing as a Spiritual Practice

Taizé Chants
Songs of Iona
Folk Songs
Songs of Presence
African American Spirituals



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“To sing is to pray twice.” —St. Augustine

Singing is one of Christianity’s most foundational spiritual practices. It is both active and contemplative, both individual and communal. **Everyone can sing**, but many people struggle to find their voice, especially in group singing contexts. This workshop begins with some basic breathing and vocal exercises to help us explore the practice of singing from its root. Come discover how singing in any context can invite us into a deeper sense of communion with God and others. **No prior singing ability or musical knowledge is necessary!**

Saturday, October 22nd
10 a.m. - 12 p.m.

Holy Trinity Episcopal Church
To Register: call 336-544-1225, or visit
www.servantleadergreensboro.com

