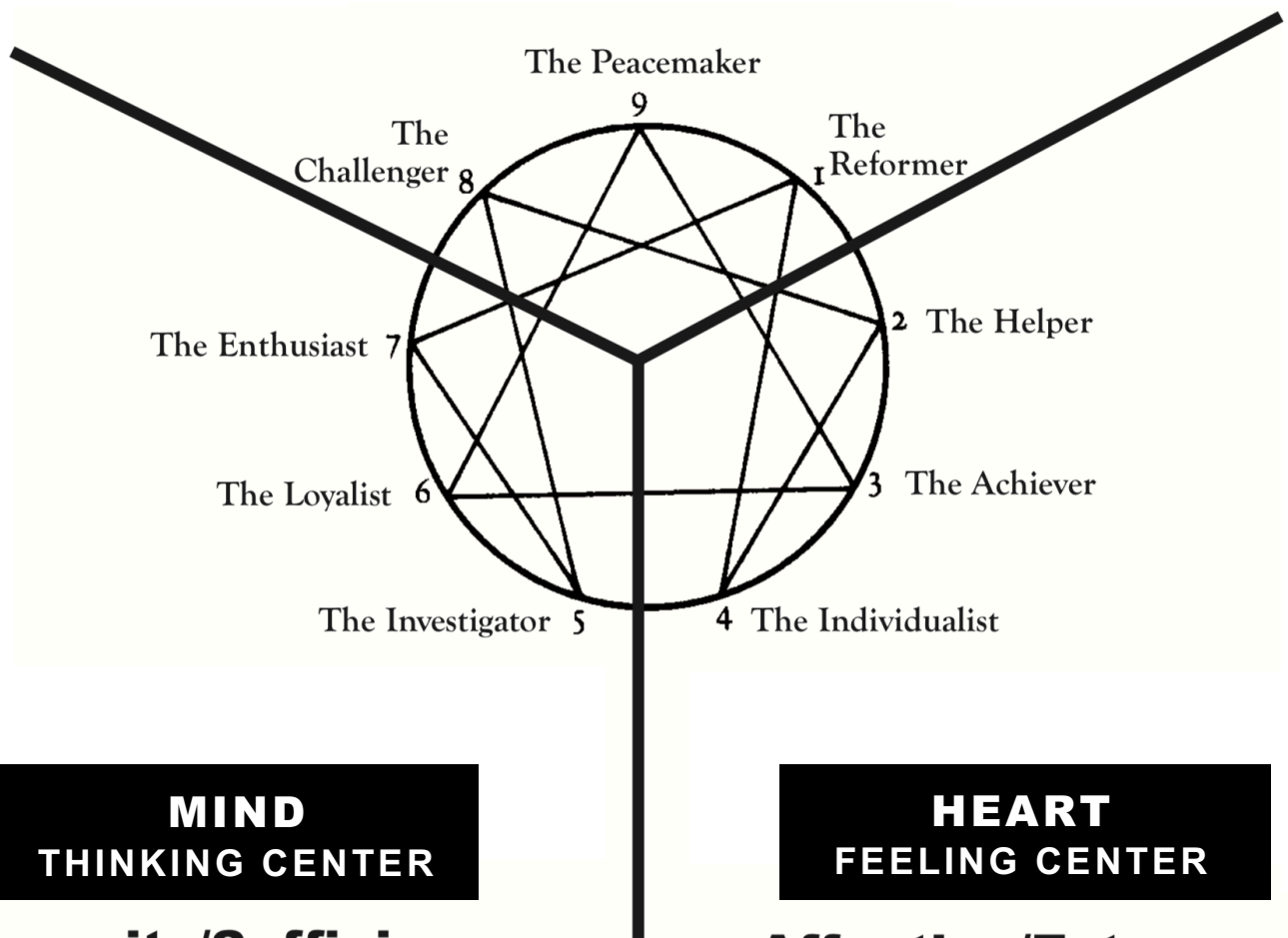


BODY
INSTINCTIVE CENTER

Autonomy/Control

Anger/Resistance to Life



MIND
THINKING CENTER

Security/Sufficiency

Fear/Anxiety

HEART
FEELING CENTER

Affection/Esteem

Shame/Grief

PERSONALITY AND ESSENCE: CONTRASTING QUALITIES

Personality
(Asleep)

Essence
(Awake)

HEAD/THINKING CENTER

Mental chatter
Figuring it out
Strategies, doubt
Anxiety and fear
Anticipation
(*Future orientation*)

Quiet mind
Inner guidance
Knowing, clarity
Support and steadiness
Open to present moment
(*Here and now*)

HEART/FEELING CENTER

Self-image
Stories
Emotionality
Holding on to moods
Adapting to affect others
(*Past orientation*)

Authenticity
Truthfulness
Compassion
Forgiveness and flow
Inner-directed
(*Here and now*)

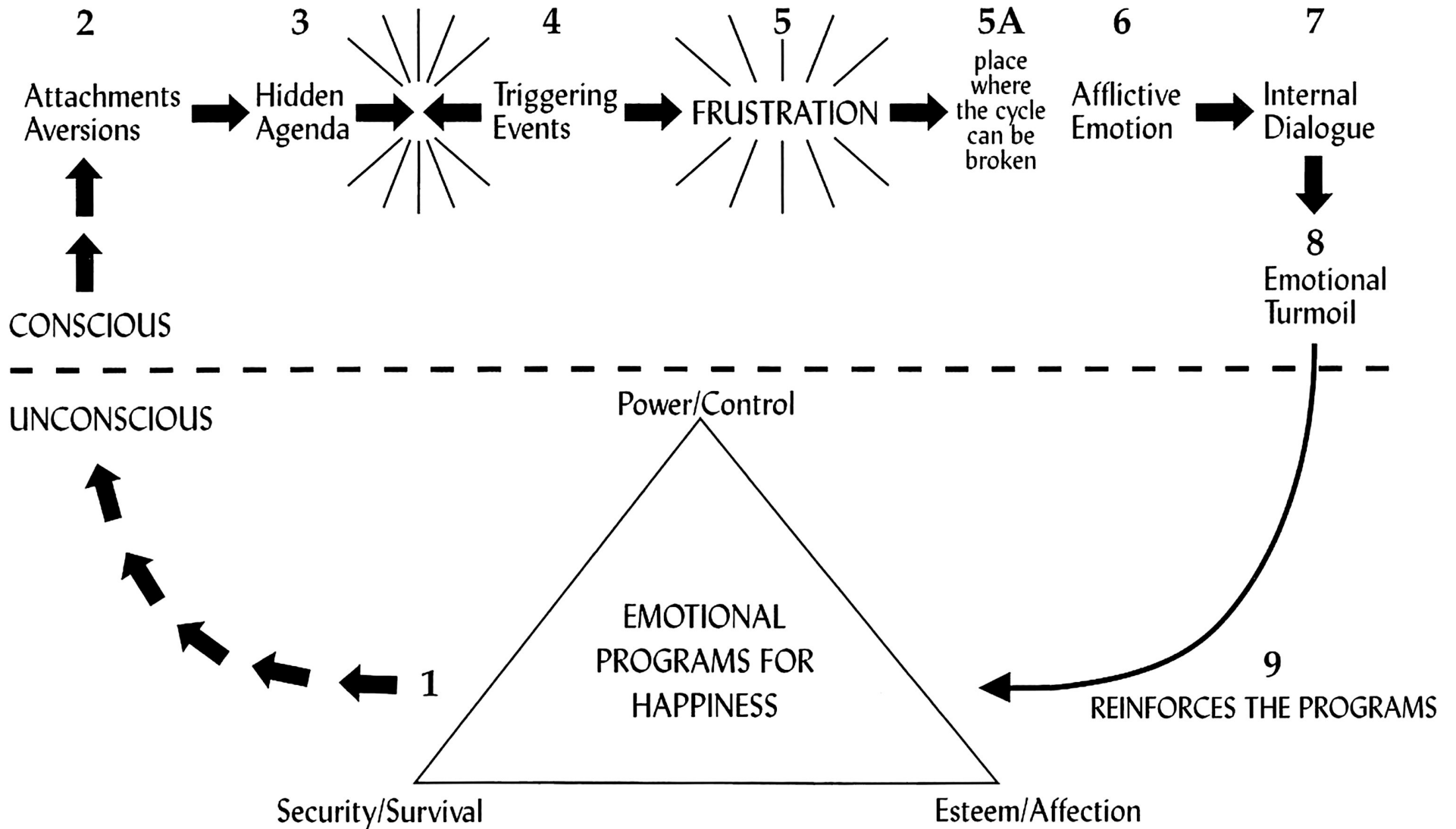
GUT/INSTINCTIVE ENERGY CENTER

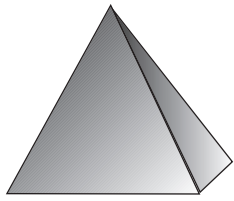
Boundaries
Tension, numbness
Defending
Dissociating
Irritation
(*Resistant to present*)

Connected with life
Relaxed, open, sensing
Inner strength
Grounded
Acceptance
(*Here and now*)

The False Self in Action

Emotional programs for happiness based on instinctual needs from early childhood





EGYPT/EMPIRE

Fear/Control Worldview
Power-OVER Paradigm

1. SECURITY/SUFFICIENCY *(possessions)*

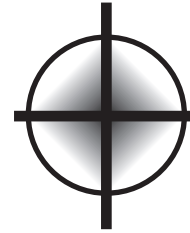
SCARCITY
EMPTINESS
ANXIETY

2. AFFECTION/ESTEEM *(prestige)*

SHAME
SELF-REJECTION
EARNING

3. AUTONOMY/CONTROL *(power)*

CONTROL
COERCION
UNILATERAL POWER



KINGDOM OF GOD

Faith/Love Worldview
Power-WITH Paradigm

ABUNDANCE
FULLNESS
TRUST

GRACE
SELF-ACCEPTANCE
BELONGING

PARTICIPATION
NON-VIOLENCE
RELATIONAL POWER

SURVIVAL

RESURRECTION

Deconstructing:

*"Emotional programs for happiness"
based on the fear worldview*

Emotional programs driven by:

1. fear/anxiety
2. shame/self-rejection
3. anger/willfulness/
resistance to life

Reconstructing:

*Disciplines and practices which
attune our lives to the faith worldview*

Disciplines/Practices Including:

1. Prayer and the Practice of Presence
Communion
2. Being Awake to Heart Connection
Compassion
3. Alignment with Divine Power and Purpose
Co-creation

Three Central Practices for Servant Leadership

1. Prayer and the Practice of Presence:

Communion

Commitment to some regular, transformative, centering practice, and the intention (increasingly) to “live” prayer in the daily activities of our life, present to the moment and present to God.

“Presence”

2. Awakening the

Intelligence of the Heart: Compassion

Confessing our own humanity, acknowledging our heart connection with all who share the human condition, respecting the sacred dignity of every human being we encounter, and (increasingly) serving as instruments of divine compassion in the world.

“Awakened Heart”

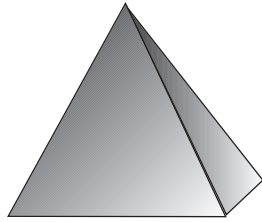
3. Alignment with Divine

Power and Purpose:

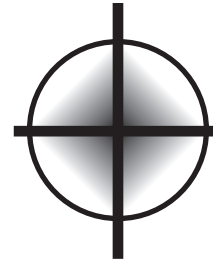
Co-creation

Shifting our inner power base in the pattern and power of Jesus, the servant leader, aligning our life with God’s Dream and God’s particular “call” for us, engaging with others in a spirit of collaboration, and (increasingly) serving as co-creative instruments of divine power and divine purpose in the world.

“Alignment”



EGYPT/EMPIRE



KINGDOM OF GOD

The First Temptation: "Turn these stones into loaves of bread."

**BIBLICAL ISSUE:
ECONOMICS**

An economy of scarcity/greed/injustice

God's economy of grace (Manna/Sabbath/Jubilee)
Trusting in God's sufficiency

**CULTURAL ADDICTION:
POSSESSIONS (3 P's)**

Materialism
Trying to fill a God-shaped hole (meet spiritual needs) with material things; trying to secure our "being" by compulsive "doing"

Trusting God as the source of all things and as the true source of our security; allowing our "doing" to flow out of our "being"

**INSTINCTUAL DRIVE:
SECURITY/SUFFICIENCY**

SCARCITY
EMPTINESS
ANXIETY

{ ABUNDANCE
FULLNESS
TRUST

Response to Tempter: "One does not live by bread alone, but by every word that proceeds from the mouth of God."

EMOTIONAL PROGRAMS FOR HAPPINESS ROOTED IN: Fear/Anxiety

BIBLICAL TRUTH:

- "Do not be afraid/anxious about your life."
- "Seek first God's kingdom and all these things shall be yours as well."
- "Give us this day our daily bread, and forgive us our debts as we forgive our debtors."
(Manna/Jubilee—Trust God's economy of grace)

SERVANT LEADERSHIP PRACTICE:

COMMUNION (3 C's)

Prayer and the Practice of Presence

Commitment to some regular, transformative, centering practice, and the intention (increasingly) to "live" prayer in the daily activities of our life, present to the moment and present to God.

Exodus 16:1-5

They set out from Elim, and all the congregation of the people of Israel came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had departed from the land of Egypt. ²And the whole congregation of the people of Israel murmured against Moses and Aaron in the wilderness, ³and said to them, "Would that we had died by the hand of the LORD in the land of Egypt, when we sat by the flesh pots and ate bread to the full; for you have brought us out into this wilderness to kill this whole assembly with hunger."

⁴Then the LORD said to Moses, "Behold, I will rain bread from heaven for you; and the people shall go out and gather a day's portion every day, that I may prove them, whether they will walk in my law or not. ⁵On the sixth day, when they prepare what they bring in it will be twice as much as they gather daily."

Exodus 16:15-34

When the people of Israel saw it, they said to one another, "What is it?" for they did not know what it was. And Moses said to them, "It is the bread which the LORD has given you to eat. ¹⁶This is what the LORD has commanded: 'Gather of it, every man of you, as much as he can eat; you shall take an omer apiece, according to the number of the persons whom each of you have in his tent.' ¹⁷And the people of Israel did so; they gathered, some more, some less. ¹⁸But when they measured it with an omer, he that gathered much had nothing over, and he that gathered little had no lack; each gathered according to what he could eat. ¹⁹And Moses said to them, "Let no man leave any of it till the morning." ²⁰But they did not listen to Moses; some left part of it till the morning, and it bred worms and became foul; and Moses was angry with them. ²¹Morning by morning they gathered it, each as much as he could eat; but when the sun grew hot, it melted.

²²On the sixth day they gathered twice as much bread, two omers apiece, and when all the leaders of the congregation came and told Moses, ²³he said to them, "This is what the LORD has commanded: 'Tomorrow is a day of solemn rest, a holy sabbath to the LORD; bake what you will bake and boil what you will boil, and all that is left over lay by to be kept till the morning.'" ²⁴So they laid it by till the morning, as Moses bade them; and it did not become foul, and there were no worms in it. ²⁵Moses said, "Eat it today, for today is a sabbath to the LORD; today you will not find it in the field. ²⁶Six days you shall gather it; but on the seventh day, which is a sabbath, there will be none." ²⁷On the seventh day some of the people went out to gather, and they found none. ²⁸And the LORD said to Moses, "How long do you refuse to keep my commandments and my laws? ²⁹See! The LORD has given you the sabbath, therefore on the sixth day he gives you bread for two days; remain every man of you in his place, let no man go out of his place on the seventh day." ³⁰So the people rested on the seventh day.

³¹Now the house of Israel called its name manna; it was like coriander seed, white, and the taste of it was like wafers made with honey. ³²And Moses said, "This is what the LORD has commanded: 'Let an omer of it be kept throughout your generations, that they may see the bread with which I fed you in the wilderness when I brought you out of the land of Egypt.'" ³³And Moses said to Aaron, "Take a jar, and put an omer of manna in it, and place it before the LORD, to be kept throughout your generations. ³⁴As the LORD commanded Moses, so Aaron placed it before the testimony, to be kept.

Exodus 15:1-7

"At then end of every seven years you shall grant a

release. ²And this is the manner of the release: every creditor shall release what he has lent to his neighbor; he shall not exact it of his neighbor, his brother, because the LORD's release has been proclaimed. ³Of a foreigner you may exact it; but whatever of yours is with your brother your hand shall release. ⁴But there will be no poor among you (for the LORD will bless you in the land which the LORD your God gives you for an inheritance to possess), ⁵if only you will obey the voice of the LORD your God, being careful to do all this commandment which I command you this day. ⁶For the LORD your God will bless you, as he promised you, and you shall lend to many nations, but you shall not borrow; and you shall rule over many nations, but they shall not rule over you.

⁷"If there is among you a poor man, one of your brethren, in any of your towns within your land which the LORD your God gives you, you shall not harden your heart or shut your hand against your poor brother."

Exodus 25:1-13

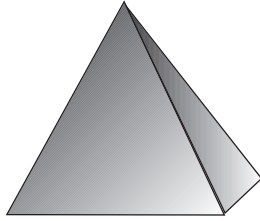
The LORD said to Moses on Mount Sinai, ²"Say to the people of Israel, 'When you come into the land which I give you, the land shall keep a sabbath to the LORD. ³Six years you shall sow your field, and six years you shall prune your vineyard, and gather in its fruits; ⁴but in the seventh year there shall be a sabbath of solemn rest for the land, a sabbath to the LORD; you shall not sow your field or prune your vineyard. ⁵What grows of itself in your harvest shall not reap, and the grapes of your undressed vine you shall not gather; it shall be a year of solemn rest for the land. ⁶The sabbath of the land shall provide food for you, for yourself and for your male and female slaves and for your hired servant and the sojourner who lives with you; ⁷for your cattle also and for the beasts that are in your land all its yield shall be for food.

⁸And you shall count seven weeks of years, seven times seven years, so that the time of the seven weeks of years shall be to you forty-nine years. ⁹Then you shall send abroad the loud trumpet on the tenth day of the seventh month; on the day of atonement you shall send abroad the trumpet throughout all your land. ¹⁰And you shall hallow the fiftieth year, and proclaim liberty throughout the land to all its inhabitants; it shall be a jubilee for you, when each of you shall return to his property and each of you shall return to his family. ¹¹A jubilee shall that fiftieth year be to you; in it you shall neither sow, nor reap what grows of itself, nor gather the grapes from the undressed vines. ¹²For it is a jubilee; it shall be holy to you; you shall eat what it yields out of the field. ¹³In this year of jubilee each of you shall return to his property."

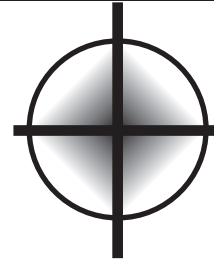
Exodus 25:35-42

³⁵"And if your brother becomes poor, and cannot maintain himself with you, you shall maintain him; as a stranger and a sojourner he shall live with you. ³⁶Take no interest from him or increase, but fear your God; that your brother may live beside you. ³⁷You shall no lend him your money at interest, nor give him your food for profit. ³⁸I am the LORD your God, who brought you forth out of the land of Egypt to give you the land of Canaan, and to be your God.

³⁹"And if your brother becomes poor beside you, and sells himself to you, you shall not make him serve as a slave: ⁴⁰he shall be with you as a hired servant and as a sojourner. He shall serve with you until the year of the jubilee; ⁴¹then he shall go out from you, he and his children with him, and go back to his own family, and return to the possession of his fathers. ⁴²For they are my servants, whom I brought forth out of the land of Egypt; they shall not be sold as slaves."



EGYPT/EMPIRE



KINGDOM OF GOD

The Second Temptation: "Throw yourself down from the pinnacle of the temple. 'He will command his angels to protect you.'"

BIBLICAL ISSUE: RELIGION/IMAGE

Idolatry: making a false god to serve/protect a false self

Theology of invulnerability

Religion of purity/achievement/exclusion

Theology of cross (divine vulnerability)

Religion of compassion/ grace/inclusion

CULTURAL ADDICTION: PRESTIGE (3 P's)

Co-dependence: Identity dependent on external approval

Putting on a mask (false self) to be acceptable to God/others

True identity revealed/claimed as God's beloved

Confessing our humanity, receiving the gift of God's grace, experiencing the power of acceptance

INSTINCTUAL DRIVE: AFFECTION/ESTEEM

SHAME

SELF-REJECTION

EARNING

**{ GRACE
SELF-ACCEPTANCE
BELONGING**

**Response to Tempter: "Do not put the Lord your God to the test."
(Do not try to force God to serve the agenda of the false self)**

EMOTIONAL PROGRAMS FOR HAPPINESS ROOTED IN: Shame/Self-Rejection

BIBLICAL TRUTH:

"You are my child, the Beloved, with whom I am well pleased."

"Created in the image of God."

"Our Father, who art in heaven, hallowed be thy name." (keep God's name holy; do not twist it to serve your own ego-centered agenda)

SERVANT LEADERSHIP PRACTICE:

Awakening the Intelligence of the Heart

Confessing our own humanity, acknowledging our heart connection with all who share the human condition, respecting the sacred dignity of every human being we encounter, and (increasingly) serving as instruments of divine compassion in the world.

COMPASSION (3 C's)

Judges 6:7-32

When the people of Israel cried to the LORD on account of the Midianites, ⁸the LORD sent a prophet to the people of Israel; and he said to them, “Thus says the LORD, the God of Israel: I led you up from Egypt, and brought you out of the house of bondage; ⁹and I delivered you from the hand of the Egyptians, and from the hand of all who oppressed you, and drove them out before you, and gave you their land; ¹⁰and I said to you, ‘I am the LORD your God; you shall not pay reverence to the gods of the Amorites, in whose land you dwell.’ But you have not given heed to my voice.”

¹¹Now the angel of the LORD came and sat under the oak at Ophrah, which belonged to Joash the Abiezrite, as his son Gideon was beating out wheat in the wine press, to hide it from the Midianites. ¹²And the angel of the LORD appeared to him and said to him, “The LORD is with you, you mighty man of valor.” ¹³And Gideon said to him, “Pray, sir, if the LORD is with us, why then has all this befallen us? And where are all his wonderful deeds which our fathers recounted to us, saying, ‘Did not the LORD bring us up from Egypt?’ But now the LORD has cast us off, and given us into the hand of Midian.” ¹⁴And the LORD turned to him and said, “Go in this might of yours and deliver Israel from the hand of Midian; do not I send you?” ¹⁵And he said to him, “Pray, LORD, how can I deliver Israel? Behold, my clan is the weakest in Manasseh, and I am the least in my family.” ¹⁶And the LORD said to him, “But I will be with you, and you shall smite the Midianites as one man.” ¹⁷And he said to him, “If now I have found favor with thee, then show me a sign that it is thou who speakest with me. ¹⁸Do not depart from here, I pray thee, until I come to thee, and bring out my present, and set it before thee.” And he said, “I will stay till you return.”

¹⁹So Gideon went into his house and prepared a kid, and unleavened cakes from an ephah of flour; the meat he put in a basket, and the broth he put in a pot, and brought them to him under the oak and presented them. ²⁰And the angel of God said to him, “Take the meat and the unleavened cakes, and put them on this rock, and pour the broth over them.” And he did so. ²¹Then the angel of the LORD reached out the tip of the staff that was in his hand, and touched the meat and the unleavened cakes; and there sprang up fire from the rock and consumed the flesh and the unleavened cakes; and the angel of the LORD vanished from his sight. ²²Then Gideon perceived that he was the angel of the LORD; and Gideon said, “Alas, O LORD God! For now I have seen the angel of the Lord face to face.” ²³But the LORD said to him, “Peace be to you; do not fear, you shall not die.” ²⁴Then Gideon built an altar there to the LORD, and called it, The LORD is peace. To this day it still stands at Ophrah, which belongs to the Abiezrites.

²⁵That night the LORD said to him, “Take your father’s bull, the second bull seven years old, and pull down the altar of Baal which your father has, and cut down the Asherah that is beside it; ²⁶and build an altar to the LORD your God on the top of the stronghold here, with stones laid in due order; then take the second bull, and offer it as a burnt offering with the wood of the Asherah which you shall cut down.” ²⁷So Gideon took ten men of his servants, and did as the LORD had told him; but because he was too afraid of his family and the men of the town to do it by day, he did it by night.

²⁸When the men of the town rose early in the morning, behold, the altar of Baal was broken down, and the Asherah beside it was cut down, and the second bull was offered upon the altar which had been built. ²⁹And they said to one another, “Who has done this thing?” And after they had made search and inquired, they said, “Gideon the son of Joash has done this thing.” ³⁰Then the men of the town said to Joash, “Bring

out your son, that he may die, for he has pulled down the altar of Baal and cut down the Asherah beside it.” ³¹But Joash said to all who were arrayed against him, “Will you contend for Baal? Or will you defend his cause? Whoever contends for him shall be put to death by morning. If he is a god, let him contend for himself, because his altar has been pulled down.” ³²Therefore on that day he was called Jerubbaal, that is to say, “Let Baal contend against him,” because he pulled down his altar.

Jeremiah 7:1-15

The word that came to Jeremiah from the Lord: ²“Stand in the gate of the LORD’s house, and proclaim there this word, and say, Hear the word of the LORD, all you men of Judah who enter these gates to worship the LORD. ³Thus says the LORD of hosts, the God of Israel, Amend your ways and your doings, and I will let you dwell in this place. ⁴Do not trust in these deceptive words: ‘This is the temple of the LORD, the temple of the LORD, the temple of the LORD.’

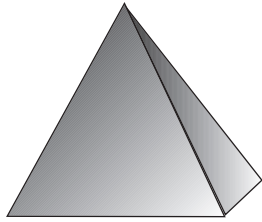
⁵“For if you truly amend your ways and your doings, if you truly execute justice one with another, ⁶if you do not oppress the alien, the fatherless or the widow, or shed innocent blood in this place, and if you do not go after other gods to your own hurt, ⁷then I will let you dwell in this place, in the land that I gave of old to your fathers for ever.

⁸“Behold, you trust in deceptive words to no avail. ⁹Will you steal, murder, commit adultery, swear falsely, burn incense to Baal, and go after other gods that you have not known, ¹⁰and then come and stand before me in this house, which is called by my name, and say, ‘We are delivered!’—only to go on doing all these abominations? ¹¹Has this house, which is called by my name, become a den of robbers in your eyes? Behold, I myself have seen it, says the LORD. ¹²Go now to my place that was in Shiloh, where I made my name dwell at first, and see what I did to it for the wickedness of my people Israel. ¹³And now, because you have done all these things, says the LORD, and when I spoke to you persistently you did not listen, and when I called you, you did not answer, ¹⁴therefore I will do to the house which is called by my name, and in which you trust, and to the place which I gave to you and to your fathers, as I did to Shiloh. ¹⁵And I will cast you out of my sight, as I cast out all of your kinsmen, all the offspring of Ephraim.”

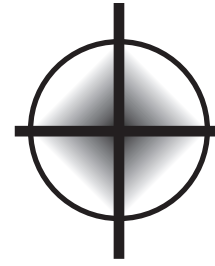
Deuteronomy 6:4-13

“Hear, O Israel: The LORD our God is one LORD; ⁵and you shall love the LORD your God with all your heart, and with all your soul, and with all your might. ⁶And these words which I command you this day shall be upon your hearts; ⁷and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. ⁸And you shall bind them as a sign upon your hand, and they shall be as frontlets between your eyes. ⁹And you shall write them on the doorposts of your house and on your gates.

¹⁰“And when the LORD your God brings you into the land which he swore to your fathers, to Abraham, to Isaac, and to Jacob, to give you, with great and goodly cities, which you did not build, ¹¹and houses full of all good things, which you did not fill, and cisterns hewn out, which you did not hew, and vineyards and olive trees, which you did not plant, and when you eat and are full, ¹²then take heed lest you forget the LORD, who brought you out of the land of Egypt, out of the house of bondage.”



EGYPT/EMPIRE



KINGDOM OF GOD

The Third Temptation: "All the kingdoms of the world will be yours if you worship me."

**BIBLICAL ISSUE:
POLITICS**

Monarchy: Human Kingship
Trusting the human-centered power-over paradigm (centralized, hierarchical, control system)
"Dunamis" "Power from Above"

Kingdom of God
Trusting the God-centered power-with paradigm (participation, power released in serving a shared sense of purpose)
"Exousia" "Power from Within"

**CULTURAL ADDICTION:
POWER (3 P's)**

Control/coercion as a shortcut for mutuality/trust/genuine relationship
"Fight or Flight" response
Top-Down/Outside-In

Power of Co-Creation: collaboration, persuasion, genuine relationship, servanthood
"Third Way" Non-violent Engagement
Bottom-Up/Inside-Out

**INSTINCTUAL DRIVE:
AUTONOMY/CONTROL**

**CONTROL
COERCION
UNILATERAL POWER**

**{ PARTICIPATION
NON-VIOLENCE
RELATIONAL POWER**

Response to Tempter: "Worship the Lord your God and serve only him."

EMOTIONAL PROGRAMS FOR HAPPINESS ROOTED IN: Anger/Resistance to Life

BIBLICAL TRUTH:

"The greatest among you will be your servant...the Son of Man came to serve."
"Thy Kingdom come, thy will be done on earth as it is in heaven." (God alone reigns at the center of human life)

SERVANT LEADERSHIP PRACTICE:

CO-CREATION (3 C's)

Alignment with Divine Power and Purpose

Shifting our inner power base in the pattern and power of Jesus, the servant leader, aligning our life with God's Dream and God's particular "call" for us, engaging with others in a spirit of collaboration, and (increasingly) serving as co-creative instruments of divine power and divine purpose in the world.

Deuteronomy 8:1-3

“All the commandment which I command you this day you shall be careful to do, that you may live and multiply, and go in and possess the land which the LORD swore to give to your fathers. ²And you shall remember all the ways which the LORD your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments, or not. ³And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know; that he might make you know that man does not live by bread alone, but that man lives by everything that proceeds out of the mouth of the LORD.”

Judges 8:22-23

Then the men of Israel said to Gideon, “Rule over us, you and your son and your grandson also; for you have delivered us out of the hand of Midian. ²³Gideon said to them, “I will not rule over you, and my son will not rule over you; the LORD will rule over you.”

1 Samuel 8:1-22

When Samuel became old, he made his sons judges over Israel. ²The name of his first-born son was Joel, and the name of his second, Abijah; they were judges in Beersheba. ³Yet his sons did not walk in his ways, but turned aside after gain; they took bribes and perverted justice.

⁴Then all the elders of Israel gathered together and came to Samuel at Ramah, ⁵and said to him, “Behold, you are old and your sons do not walk in your ways; now appoint for us a king to govern us like all the nations.” ⁶But the thing displeased Samuel when they said, “Give us a king to govern us.” And Samuel prayed to the LORD. ⁷And the LORD said to Samuel, “Hearken to the voice of the people in all that they say to you; for they have not rejected you, but they have rejected me from being king over them. ⁸According to all the deeds which they have done to me, from the day I brought them up out of Egypt even to this day, forsaking me and serving other gods, so they are also doing to you. ⁹Now then, hearken to their voice; only, you shall solemnly warn them, and show them the ways of the king who shall reign over them.”

¹⁰So Samuel told all the words of the LORD to the people who were asking for a king from him. ¹¹He said, “These will be the ways of the king who will reign over you: he will take your sons and appoint them to his chariots and to be his horsemen, and to run before his chariots; ¹²and he will appoint for himself commanders of thousands and commanders of fifties, and some to plow his ground and to reap his harvest, and to make his implements of war and the equipment of his chariots. ¹³He will take your daughters to be perfumers and cooks and bakers. ¹⁴He will take the best of your fields and vineyards and olive orchards and give them to his servants. ¹⁵He will take the tenth of your grain and of your vineyards and give it to his officers and to his servants. ¹⁶He will take your menservants and maidservants, and the best of your cattle and your asses, and put them to his work. ¹⁷He will take the tenth of your flocks, and you shall be his slaves. ¹⁸And in that day you will cry out because of your king, whom you have chosen for yourselves; but the LORD will not answer you in that day.”

¹⁹But the people refused to listen to the voice of Samuel; and they said, “No! but we will have a king over us, ²⁰that we also may be like all the nations, and that our king may govern us and go out before us and fight our battles.” ²¹And when Samuel had heard all the words of the people, he repeated them in the ears of the Lord. ²²And the LORD said to Samuel, “Hearken to their voice, and make them a king.”